



SPRING 2021

FROM JULIE'S DESK:

**Pregnancy Care
& Family Support Centre**

Every spring, **more than 25% of the Pregnancy Care & Family Support Centre's** budget is raised through our annual **Formula for Success Baby Bottle Campaign** by collecting donations in baby bottles that are distributed to local churches between Mother's Day and Father's Day. We have been running this spring campaign since 2006—this will be Sixteen Years!!

When Covid-19 hit last year, we needed to come up with a back-up plan, so we held our first Virtual Baby Bottle Campaign, and you responded magnificently.

Our clients' needs have become even more significant with all the challenges that the pandemic has brought. Your continued support has kept our doors open to provide the essential services our clients are in desperate need of.

With the current shutdown, we are running our campaign online again. Anyone can participate in this campaign by donating online or using the other donation methods that are listed below.

We are so grateful for each person, family and business that makes the work we do possible. Remember, the formula is simple: **Your \$\$ + PCFSC = Changed Lives** Thank you for caring and thank you for your support!

To Donate Online by Credit Card: Go to our website www.haliburtonpregnancycentre.ca and **click on Donate Now**. This will take you to the secure Canada Helps website.

To Donate by Mail: Please make **cheques payable to PC&FSC Box 1143, Haliburton, ON K0M 1S0**

To Donate by E-Transfer: Please send to hope@haliburtonpregnancycentre.ca for automatic deposit. Please include your mailing address in the message.



Some of you may have been filling an actual bottle over the past year. If you have one that is ready to be handed in, please **call the Centre at 705-457-4673** and arrangements will be made to get it.

Blessings to you,

Julie Goodwin, Executive Director

BEING A MOTHER

is learning about

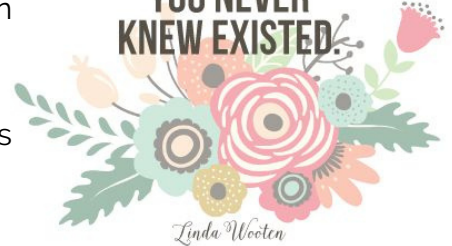
STRENGTHS

**YOU DIDN'T KNOW
YOU HAD**

and dealing with

FEARS

**YOU NEVER
KNEW EXISTED.**



In April, our staff, board and volunteers had the privilege to take part virtually in our annual national Pregnancy Care Canada Conference .

We were reminded through various breakout sessions that some of our clients have been through immense amounts of trauma in their lives and that impacts the way they see themselves and how they are capable of parenting.

We are so grateful we have the privilege to help clients see themselves through the eyes of their loving Heavenly Father. When they experience love with no strings attached they begin to find hope that they can live life more freely . We are honoured to be able to celebrate with our clients as they overcome difficult hurdles and walk toward hope and healing.

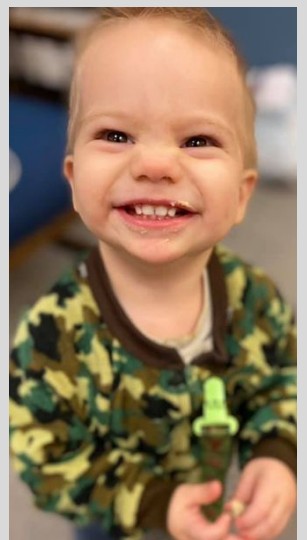
WHAT OUR CLIENTS ARE SAYING ABOUT US:



**One of our spring
babies**

"It is stressful becoming a parent for the first time, especially when you are a single parent, but it has been even more stressful with Covid. I felt fortunate to find out about the Pregnancy Care Centre during the final months of my pregnancy. Everyone from the Centre was very friendly and helpful. The weekly emails made me feel as though someone was looking out for me. Since I don't have family nearby it was great to know that they were just a phone call away if I needed any help. As a new mom I didn't always know what my baby would need so it was great to be able to have access to the centre. This was especially helpful because it has been incredibly challenging to go shopping with a baby during Covid lockdowns and I appreciate being able to save some money by accessing second hand items in fairly good condition. I was incredibly thankful that the Centre remained open during the pandemic and did not shut down their services. I wish all moms everywhere could have access to Centres like these with such caring and compassionate staff because they certainly have helped to make my life a little easier during a very stressful time."

"The Centre has helped us out big time with stuff for our son, from clothes to his big boy car seat and much more. The staff are very caring and loving and have a big heart of gold! They make time to email, message or even a phone call just to check up on us throughout Covid. It helps knowing you're not going through this alone. We highly recommend going to them if you're needing that little help, that we all do! They're the best caring and friendly staff ever and they put a smile on every face."



MOMS ARE GRATEFUL THAT WE ARE AN ESSENTIAL SERVICE

When I first moved to Haliburton I found out I was newly pregnant with my first child. I soon learned about the Centre and all that they offer. I made an appointment with them. The women in the Centre were very warm and welcoming right from the start, they are always there to be an ear to listen to. The Centre has helped my new family and I in many ways. They have given us large items we needed for our nursery, smaller items like clothing and diapers. Whenever we are in need of something they almost always have it and we are forever grateful for the women in there. The Pregnancy Care Centre means a lot to me and I will always give back what I can.



Our first
2021 Baby



WAYS TO SUPPORT US:

Coffee sales help support us!

12 ounce bags of organic coffee is available for purchase.

Call about available flavours.

\$12 a bag



ITEMS NEEDED

- Cribs (not drop sided) & crib mattresses
- Brand new Diaper Bags
- Newborn Sleepers
- **Clean** Car seats less than 5 years old
- Crib Sheets & Receiving Blankets

We are only accepting **clean & gently used** baby items.

We **cannot** accept toys or stuffies.

SAVE THE DATE!

Saturday, September 18th @ 7 pm
Lakeside Church. Haliburton



ANNUAL FALL FUNDRAISER WITH "RHYTHM AND GRACE" - THE DUKETOW FAMILY

More details will follow as we navigate the Covid-19 protocols that will be in place in September.

**Donations Have Been Made:
In Memory Of:**

Leopoldina "Leo" Dobrzensky

Board of Directors

Gord Forbes- Chair

Sue Robinson- Secretary

Shelley Henderson- Treasurer

Beth Archibald- Director

Cathy Vaillancourt- Director



**Julie Goodwin- Executive
Director**



**Leanne Young -
Client Services Director**

**Email Update: If you would prefer to receive communication from us via email
please contact us to give us your consent.
We do NOT share our mailing lists.**



CONTACT US

705-457-HOPE (4673)
187 Highland St, Haliburton
Lower Level Glecoff's Family Store
www.haliburtonpregnancycentre.ca

Mailing Address:

Box 1143, Haliburton On K0M 1S0

Hours:

Tuesday 10-2
Wednesday 10-2
Thursday 10-2
Friday 10-2 ***new***



Please note: Funds that are designated for a specific purpose/project will be used for such unless the purpose/project has been completed or cannot be completed. The funds will then be used for another charitable activity of the PC&FSC.